# **How To Use Your New Dental Benefits**



## **Find A Dentist**

We know how important it is for you to see the right dentist. That's why we've partnered with MetLife who has one of the largest dental networks. Just go to the website below to find the dentist that works for you.



### **Access Benefits**

As a member of NCD by MetLife you have 24/7 access to your member portal where you can review your plan, update payment info or contact our member care team.



## **Claims Assistance**

Getting claims assistance is simple, just go to the link below. You can:

- View Claims Status
- View Coverages
- Print Off Explanations of Benefits

### Locate A Dentist Here: www.NCD.com/metlifedentists

Access Benefits Here: www.NCD.com/metlifebenefits Check Claims Here: www.NCD.com/metlifeclaims

## MetLife.MemberCare@NCD.com

Available Monday - Friday 8am - 6pm CST • (800) 485-3855



# Annual Benefit \$750

#### • \$50 Annual Deductible

#### **No Waiting Period PREVENTIVE CARE (100% Coverage)** Routine Exam (2 per 12 months) Cleaning (2 per 12 months) Bitewing X-rays (1 per 12 months) • Fluoride for children under age 16 (1 per 12 months) **BASIC CARE No Waiting Period** Year 1 - 50% Coverage Year 2 - 65% Coverage Year 3 - 80% Coverage • Full Mouth/Panoramic X-rays (1 per 5 years) Fillings (restorative) Sealants (ages 6 through 16) Simple Extractions • Space Maintainers (child under 16) • Periodontal Maintenance (Deep Cleaning Maintenance) (2 per 12 month) **MAJOR CARE No Waiting Period** Year 2 - 10% Coverage Year 3 - 25% Coverage Year 1 - 0% Coverage Oral Surgery (Complex Extractions) Periodontics • Denture Repair (1 per 12 month) Crowns (1 per tooth, per 7 years) Crown Repair Dentures (1 appliance per 10 years) Endodontics Bridge (1 per 10 years)

Anesthesia

Products are not available in all states.

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