

How To Use Your New Dental Benefits



Find A Dentist

We know how important it is for you to see the right dentist. That's why we've partnered with MetLife who has one of the largest dental networks. Just go to the website below to find the dentist that works for you.

Locate A Dentist Here:

www.NCD.com/metlifedentists



Access Benefits

As a member of NCD by MetLife you have 24/7 access to your member portal where you can review your plan, update payment info or contact our member care team.

Access Benefits Here:

www.NCD.com/metlifebenefits



Claims Assistance

Getting claims assistance is simple, just go to the link below. You can:

- ▶ [View Claims Status](#)
- ▶ [View Coverages](#)
- ▶ [Print Off Explanations of Benefits](#)

Check Claims Here:

www.NCD.com/metlifeclaims

MetLife.MemberCare@NCD.com

Available Monday - Friday 8am - 6pm CST • (800) 485-3855

Annual Benefit \$10,000

- \$100 Deductible- Vanishing After Year 1

PREVENTIVE CARE (100% Coverage)

No Waiting Period

- Routine Exam (3 per 12 months)
- Bitewing X-rays (1 per 12 months)
- Cleaning (3 per 12 months)
- Fluoride for children under age 16 (1 per 12 months)

BASIC CARE

No Waiting Period

Year 1 - 65% Coverage

Year 2 - 80% Coverage

Year 3 - 90% Coverage

- Full Mouth/Panoramic X-rays (1 per 5 years)
- Sealants (ages 6 through 16)
- Space Maintainers (child under 16)
- Fillings (restorative)
- Simple Extractions
- Periodontal Maintenance (Deep Cleaning Maintenance) (2 per 12 month)

MAJOR CARE

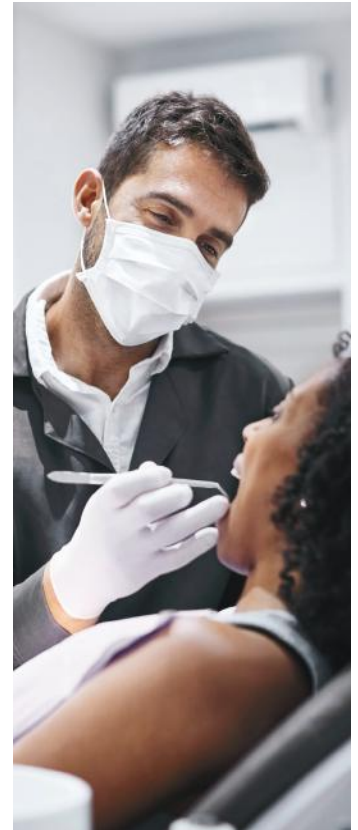
No Waiting Period

Year 1 - 10% Coverage

Year 2 - 50% Coverage

Year 3 - 60% Coverage

- Oral Surgery (Complex Extractions)
- Crowns (1 per tooth, per 7 years)
- Crown Repair
- Endodontics
- Periodontics
- Denture Repair (1 per 12 month)
- Dentures (1 appliance per 10 years)
- Bridge (1 per 10 years)
- Anesthesia



Products are not available in all states.

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